

# new zealand youth tobacco monitor

## NEW ZEALAND YOUTH TOBACCO MONITOR 2020

### What is the NZYTM?

The New Zealand Youth Tobacco Monitor (NZYTM) is a national school-based survey run by Action for Smokefree 2025 (ASH) and the Health Promotion Agency/Te Hiringa Hauora (HPA).

The NZYTM forms part of HPA's public health monitoring programme and gathers information on smoking and vaping related attitudes and behaviours among Year 10 students.

The 2020 NZYTM involves the ASH Year 10 Snapshot, an annual survey of 20-30,000 Year 10 students throughout New Zealand.

### What does participating in 2020 mean for your school?

All schools with Year 10 students are invited to participate in the ASH Year 10 Snapshot. At participating schools a teacher will administer the survey, including distributing it to all Year 10 classes in the school. The survey should take students about 10 minutes to complete.

### What is the information used for?

Information from the NZYTM helps inform and evaluate activities related to tobacco use and vaping behaviours among young people. The results are widely reported by the media and in published research in New Zealand and internationally. Each year, ASH provides school-level prevalence results to participating schools. ASH reports yearly on the national Snapshot findings ([https://www.ash.org.nz/ash\\_year\\_10](https://www.ash.org.nz/ash_year_10)), provides national and regional breakdowns where possible, and provides schools with their school-level prevalence results.

### What do you need to do?

#### *Principals / Deputy Principals*

Please consider giving consent for your school to participate. Nominate one teacher to be the contact person and to coordinate the survey(s) in your school.

#### *School contact person*

If your school participates in the ASH Year 10 Snapshot, we ask you to distribute the Snapshot questionnaire to the Year 10 form teachers or health teachers with Year 10 students in your school, to administer the survey to students. The survey will take students about 10 minutes to complete. You then collect and return all questionnaires to ASH (both completed and unused) in the pre-paid courier bags supplied.

The survey is run in Term 2, at least 30 days into the term (from 25 May to 3 July 2020) so that the responses represent school term time rather than holidays. We ask that the students are not told of the survey's subject or sponsor before the survey to avoid any discussion and potential bias in responses.

## Consent

Written consent to participate is given by principals or deputy principals on behalf of the school. On the day, students can choose whether they will participate.

## Confidentiality

At an individual level, the questionnaires remain anonymous and confidential to protect the privacy of students' responses. The results may also be shared with local Public Health Unit (PHU) if consent is obtained (this is part of the consent form process). The only exception is for schools that return 10 or fewer completed the questionnaires (in order to protect anonymity). Schools participating in the research will not be named or identified in any form in any published reports or to the media.

Ethical approval for this study has been granted by the Ministry of Health's Health and Disability Ethics Committee (Number MEC/07/10/141).

## Key dates

- March 2020: Principals of all New Zealand schools with Year 10 students receive a letter informing them of the upcoming NZYTM.
- April to May 2020: Schools are contacted to ask for consent to participate.
- May 2020: Questionnaire packs are delivered to consenting schools.
- 25 May to 3 July 2020: Schools undertake the ASH Year 10 Snapshot.
- 3 August 2020: Last date to return completed questionnaires.

## For more information

Sally Wong  
Researcher, ASH NZ  
Email: [swong@ash.org.nz](mailto:swong@ash.org.nz)

Niveditha Gurram  
NZYTM Project Manager, HPA  
Ph: 04 917 0060  
Email: [n.gurram@hpa.org.nz](mailto:n.gurram@hpa.org.nz)

For more information on the New Zealand Youth Tobacco Monitor (NZYTM) visit [www.hpa.org.nz/what-we-do/nzytm](http://www.hpa.org.nz/what-we-do/nzytm)